Swim Ireland Club Toolkit COVID-19 Return to Water Club COVID-19 Self Report Screening (Athletes & Staff)

Parent/Carer Signature (if U18): \_\_\_



You will be aware of the ongoing outbreak of COVID-19, also known as Coronavirus. Swim Ireland are adhering to guidance from the Health Protection Surveillance Centre in containing the virus and ensuring a safe environment for athletes and staff.

As one of our measures, we are seeking to identify any potential cases at the earliest opportunity to avoid any contacts/spread. The research to date for this novel virus suggests that transmission appears to be during symptomatic phase, and as such, identifying those with symptoms and isolating them should reduce risk significantly.

In addition, it complies with our general illness rule which is to avoid contacts in the club when ill. Please answer the following questions (YES / NO) prior to travelling to any club-based activity and submit to the club as per their instructions.

This process must be completed for each and every activity with your club that you intend to attend.

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•	No, please proceed to the next question.	
	o you have any of the symptoms below in the last 48 hours?	
•	• Cough	YES / NO
	• Fever	YES / NO
•	<ul> <li>Feeling short of breath</li> </ul>	YES / NO
•	<ul> <li>Excessive fatigue/tiredness (out of proportion to normal)</li> </ul>	YES / NO
•	• Sore throat	YES / NO
•		YES / NO
•	constant and part (cases proper terms)	YES / NO
•	2000 01 (40000 01 0111011	YES / NO
•	• Gastrointestinal issues (e.g. Diarrhoea, Nausea, etc.)	YES / NO
	answer to any of the above questions is YES, please notify the Lead COVID-19 and you should not travel to the pool. We recommend you contact your GP for	
If the	answers to all questions are NO, you can attend training with your club	
Athlet		Date: